

Welcome To Braided Journeys

St. Carlo Acutis Catholic High School



BRAIDED JOURNEYS

GRADUATION COACH PROGRAM

Academic Services
Cultural Learning
Career Development



Tansi / Hello, Braided Journeys Families!

I would like to start by introducing myself as the new Braided Journeys Wellness Facilitator/ Graduation Coach at St. Carlo Acutis Catholic High School. I am honoured to support our vibrant community of First Nations, Métis, and Inuit students by providing academic, career, cultural, and transition supports throughout each student's educational journey. Braided Journeys is a program committed to assisting students success by cultivating a caring, welcoming, and positive place where indigenous students see themselves, their contributions, and their culture represented, respected, and celebrated.

You can always find me in the Braided Journeys room at St. Carlo where I offer a variety of resources, events, and opportunities, including:

- Academic Support
- Career Development
- Cultural Enrichment
- Leadership Development
- Transition Support
- Encouragement & Guidance

A newsletter will be sent every month - in the first week of each month. These newsletters will share important updates, upcoming events, and opportunities available through Braided Journeys. Please do not hesitate to reach out with any questions or stop by the Braided Journeys room—we are here to support you and celebrate your journey!



*Braided Journeys
Wellness Facilitator*



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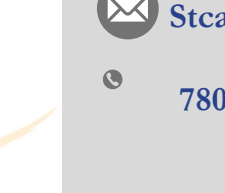
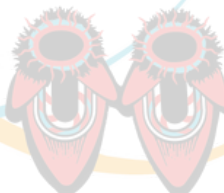
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Smudge With Gary Gagnon.

We are very fortunate to be able to offer cultural enrichment within the Braided Journeys program, for those students who wish to learn more about their ancestry. Gary Gagnon, our wonderful Cultural Facilitator, will be joining us on Mondays at lunch time - 11:36am to 12:16pm - to lead us through a Smudging ceremony and gathering circle. Smudge day is by far the most popular day in the Braided Journeys room!



Thursday Leadership.

Students who participate in Braided Journeys are often natural born leaders! Braided Journeys Leadership will take place most Thursdays after school, and students will have the chance to earn volunteer hours, go on field trips, and learn valuable skills!



Monthly Meet and Mentors

My favourite part of my job is when I get to have meaningful conversations with individual students. This typically takes place through monthly Meet and Mentors. During this time, we discuss academics, careers, resumes, and wellness as a few examples. Together, we keep track of successes and create strategies to combat challenges.

What Will September & October Look Like In Braided Journeys?

SEPTEMBER 2026:

September 2nd, 2026: First Day of School.

September 7th, 2026: NO SCHOOL- Labour Day.

September 9th, 2026: Welcome Bruch & Games- In Braided Journeys Room.

September 16th, 2026: From Roots We Rise Youth Conference- Field Trip.

September 21st, 2026: First Day of Smudge with Gary Gagnon- During Lunch.

September 28th, 2026: Smudge with Gary Gagnon- During Lunch.

September 29th, 2026: Orange Shirt Day- Honoring Activities.

September 30th, 2026: NO SCHOOL- Truth & Reconciliation Day.



OCTOBER 2026:

October 5th, 2026: Smudge with Gary Gagnon- During Lunch.

October 12th, 2026: NO SCHOOL- Happy Thanksgiving!

October 14th, 2026: Indigenous Legal Career Day- Field Trip.

October 19th, 2026: NO SCHOOL- Election Day!

October 26th, 2026: Smudge with Gary Gagnon- During Lunch.

October 29th, 2026: St. Carlo Family Night! (Evening)

October 30th, 2026: Braided Journeys Halloween Party! (During Lunch)

